# 7850 KNUCKLEHEADS HOMEGROUP BYLAWS

#### I. BASIC INFORMATION:

- 1. **MISSION STATEMENT**: The purpose of the 7850 Knuckleheads homegroup is to ensure the 7850 Knuckleheads meeting of Alcoholics Anonymous maintains consistent quality, and effectiveness at carrying the message by focusing on introducing newcomers to the importance of sponsorship, the twelve steps, and AA's three legacies: Unity, Service, and Recovery.
- 2. The scope of this document is simply to establish "agreements" among the membership of this fellowship on the service schedule, elections and terms of service, suggested sobriety lengths, and general safety and security practices and procedures, etcetera, to serve and accomplish the goals and purposes of this fellowship. These agreements are not to be construed as legal commitments.
- 3. The 7850 Knuckleheads homegroup is to use The Twelve Traditions of Alcoholics Anonymous as its guiding principles. The Traditions can be found outlined in their short form on pg. 562 of the book Alcoholics Anonymous and further expanded upon on pg. 563-566, as well as on the Alcoholics anonymous website aa.org.

#### II. SCHEDULE:

- 1. The 7850 Knuckleheads meeting of Alcoholics Anonymous shall take place from 7:00 PM to 8:15 PM on every Sunday, at the St. Stephen's Episcopal Church in Phoenix, AZ. 7850 Knuckleheads is a closed men's meeting, meaning it is open to all self-identified men who have a desire to stop drinking.
- 2. The "business meeting" of the 7850 Knuckleheads homegroup is to take place on the last Sunday of each month, following the regular meeting, at the St. Stephen's Episcopal Church in Phoenix, AZ. Unless a motion is passed by the group to extend the duration, the business meeting is to end promptly at 9:30 PM.

#### **III. WEEKLY MEETING PROCEDURES**

The Sunday night meeting will run from 7:00PM - 8:15PM, with a five-minute break after the speaker. The meeting will run as outlined in our Meeting Script. The Meeting Chair, with assistance from the Ticket Guy and the Cigarette Break Round Up Guy, is responsible for keeping the meeting running according to script.

**Meeting Customs** - 7850 Knuckleheads aims to meet the goal of "maintaining consistent meeting quality," as outlined in the mission statement by embracing certain customs during meetings. When any attendee breaks with these customs, homegroup members present are encouraged to remind them.

- Applause is expected only for the announcement of newcomers, for members receiving chips, and to acknowledge the speaker (both before and after his share).
- Each alcoholic sharing at the meeting is expected to begin his share with his sobriety date.

#### IV. BYLAW ADJUSTMENT:

Any article within this document is subject to amendment by a 2/3rd majority of the voting quorum at a 7850 Knuckleheads business meeting.

#### V. MEMBERSHIP:

**Membership**: Any member of Alcoholics Anonymous is a member of the 7850 Knuckleheads homegroup, provided they have declared themselves to be so, and have attended a homegroup meeting within the last three months.

**Voting**: All members of the 7850 Knuckleheads homegroup present at a homegroup meeting, except for the acting Business Chair, are counted toward quorum and may cast a vote for or against any election and any motion brought to the floor. Though the Business Chair does not cast a vote, their voice is welcome in group discussion.

**Quorum**: All members at a homegroup meeting who do not feel strongly enough to vote "for" or "against" a motion on the floor, may opt to abstain. The chair will call for abstentions after they call for votes. Each member abstaining from the vote will lower the quorum for that motion. In effect, the necessary percentage of votes for each motion needs to be totaled from the total "voting members," not the total "present members."

#### VI. HOME GROUP MEETING PROCEDURE:

**Call to Order**: The Business Chair will ring the bell and ask all attendees to join him in a moment of silence, followed by the Serenity Prayer.

**Call for New Members**: The Business Chair or the Phone List Guy will ask for new members to introduce themselves. The Phone List Guy will ensure new members are given the attendance clipboard to sign in.

**Secretary's Report**: The Secretary will give his report on the previous meeting's minutes to the floor. The Secretary's report should have been distributed to the homegroup prior to the meeting. The floor will open for questions. A motion to accept the Secretary's report, as written, must be brought to the floor and passed before moving forward.

**Treasurer's Report**: The Treasurer will give his report on the previous meeting's minutes to the floor. The floor will open for questions. A motion to accept the Treasurer's report, as written, must be brought to the floor and passed before moving forward.

**Secondary Reports**: The Business Chair will call on the GSR, SRI Rep., H&I Rep., and PI/CPC Rep. to share their reports. These reports do not need to be accepted by the body to move forward, but time should be allowed after each report for questions from the body.

**Other Reports**: The Business Chair will ask for further reports from the floor. Any positions that have not been reported are free to present reports to the floor.

**Open Positions**: The Secretary will announce to the floor which positions currently need to be filled.

**Elections**: The present voting body will fill each of these positions via election. In line with the 12 Traditions of AA, the only criteria for election to a service position should be "Which volunteer for this position will best serve this group's primary purpose?" The procedures for election are as follows:

- 1) The Business Chair asks the floor for volunteers for the position.
- **2)** If only one candidate has volunteered for the position, they are considered to be successfully elected to the position. This is called an "election by acclimation."
- **3)** The Business Chair records each candidate that has volunteered for the position. **4)** The Business Chair asks each candidate to qualify themselves with the following information: Name, sobriety date, current positions held at 7850 Knuckleheads, other miscellaneous qualifications.
- **5)** The Business Chair asks the floor for questions for candidates.
- 6) All candidates step outside of the room.
- 7) The Business Chair asks the floor for discussion.
- 8) The Business Chair calls for a vote on candidates.
  - a) A candidate needs a simple majority (50% + 1 vote) of voting quorum to be elected.
  - b) If no candidate receives simple majority, all candidates with less than 20% of the voting quorum are removed from the running and another vote is called.
  - c) If no candidate has received the popular vote after the fifth round of voting, the vote will "go to the hat," i.e. the winner will be randomly selected through slips of paper in a hat or a similar method.
- **9)** For elected positions which are designated to be held by multiple homegroup members, this process is repeated until all seats are full.
- **10)** Candidates return to the room and the Business Chair announces who received the simple majority vote.

**Old Business**: All tabled items from last month's meeting are brought to the floor for a vote.

**New Business**: The Business Chair will ask for any new motions from the floor. All new business is handled in accordance with Robert's Rules of Order.

## VII. SERVICE POSITIONS:

#### Definitions:

- **Service Position** is a commitment to fulfill a particular duty to the operation of the meeting, to be held by a homegroup member of 7850 Knuckleheads.
- Suggested Sobriety Length is the length of time the homegroup has agreed should have elapsed

from a member's last drink or drug to qualify them for a service position. Suggested sobriety length is a suggestion - a factor to be considered in election, not intended to outright disqualify any member from any position.

- **Term Length** is the length in which a position will be held by a home group member before new elections are required.
- Strike is an elected member's failure to perform the duties they are responsible for. At the business meeting, when the Business Chair calls for strikes, any member may nominate a member holding a service position for a strike. If the group consensus is that the duties of the position were not met, the Secretary records a strike for the elected member. Three strikes in a single term, for a single elected member, will result in their position being up for re-election. The re-election will take place at that same meeting.
- **Trusted Servant** is any member of 7850 Knuckleheads elected, by the group, to a position of service. They are delegated authority, by the group, to act with reasonable autonomy with regards to methods they use to accomplish the duties of their position.

**Alt-GSR**: The Alt-GSR is responsible for the duties of the GSR, should the GSR be unable to perform them. It is also suggested that the Alt-GSR attend the monthly meeting of AA subdistrict 08-814/815 alongside the GSR to learn to perform as the GSR when both commitments are up for re-election. This is a 2-year commitment with no suggested sobriety length.

**Alt-PI/CPC Chair**: The Alt-PI/CPC Chair is responsible for the duties of the PI/CPC Chair, should the PI/CPC Chair be unable to perform them. This is a 1-year commitment with a suggested sobriety length.

**Audio Chair**: The Audio Chair is responsible for ensuring the 7850 Knuckleheads audio system is functional for the duration of the meeting, and that the audio system is effectively making the meeting chair and the speaker heard for all in attendance. This is a 6-month commitment with a suggested sobriety length of 6 months.

**Bathroom Guys**: The Bathroom Guys are responsible for cleaning the church bathrooms after the weekly meeting. This position is to be held by two homegroup members, who are to coordinate amongst themselves to make sure this is done every week. This is a 3-month commitment with no suggested sobriety length.

**Business Chair**: The chair is responsible for running the 7850 Knuckleheads homegroup meeting according to the meeting script. The chair has no vote, nor may they be allowed to make any motions on the floor. They must have a working knowledge of Robert's Rules of Order, as well as AA's 12 Traditions and 12 Concepts. This is a 1-year commitment with a suggested sobriety length of 1 year.

**Cigarette Break Roundup Guy**: The Cigarette Break Roundup Guy is responsible for announcing to the group that the end of the 5-minute cigarette break ends. This is a 6-month commitment with no suggested sobriety length.

**Cigarette Guy**: The Cigarette Guy is responsible for ensuring no cigarette butts are left on church property after the meeting has concluded. The Cigarette Guy is responsible for announcing during the meeting that smoking and vaping are not permitted within the church or under the church awning. This is a

6-month commitment with no suggested sobriety length.

Chairperson: The Chairperson is responsible for running the weekly meeting according to the Meeting Script, as well as finding speakers to lead the meeting each week. It is critical the Chairperson finds speakers who can effectively carry the message of Alcoholics Anonymous. Additionally, the Chairperson is responsible for timing the speaker, ensuring they remain within the allotted 15-20 minutes. The Chairperson is also responsible for maintaining the pace of the meeting, by choosing participants for the selected readings prior to the start of the meeting, timing group participation shares, reminding participants to wrap up at the 3-minute mark using the provided bell, coordinating with the Ticket Chair to make sure tickets are continuously being called when no one is speaking, and cutting off inappropriate shares during "burning desires." This is a 3-month commitment with a suggested sobriety length of 6 months.

**Coffee Guys**: The Coffee Guys are responsible for ensuring that coffee and snacks are available at each meeting, as well as coordinating with the Treasurer to be reimbursed for expenses. This position is to be held by two homegroup members, who are to coordinate amongst themselves to make sure this is done every week. This is a 6-month commitment with no suggested sobriety length.

**Out-Going Social Chair**: The Out-Going Social Chair is responsible for guiding the current Social Chair in his responsibilities. This is not an elected position, rather the Social Chair will assume this role once the next Social Chair is elected.

**Grapevine Rep**: The Grapevine Rep is responsible for selling subscriptions to the Grapevine magazine, with a focus on digital subscriptions. They are also responsible for making a weekly announcement about the availability of Grapevine subscriptions, as well as maintaining a stock of "loaner" Grapevine issues, and setting these up on designated rack on the literature table before each meeting. This is a 1-year commitment with no suggested sobriety length.

**Group Archivist**: The Group Archivist is responsible for maintaining the 7850 Knuckleheads group archives - a collection of minutes and media chronicling the history of the meeting. This is a 2-year commitment with a suggested sobriety length of 2 years.

**GSR**: The GSR is responsible for attending the monthly 08-814/815 subdistrict meeting, returning to the Homegroup with motions which require a homegroup vote, and carrying the homegroup's votes to these meetings. They are to keep the homegroup about events within the larger AA service structure. This is a 2-year commitment with a suggested sobriety length of 1 year.

**H&I Rep**: The H&I Rep is responsible for attending the monthly H&I committee meeting, returning to the Homegroup with motions which require a homegroup vote, and carrying the homegroup's votes to these meetings. This is a 1-year commitment with a suggested sobriety length of 1 year

**Key Holder**: The Key Holder is responsible for keeping track of the homegroup's copy of the church key, arriving at the church an hour before the meeting to open the doors for other positions to begin their duties, and remaining at the church until every attendee has left to lock up. This is a 1-year commitment with a suggested sobriety length of 1 year.

**Literature Chair**: The Literature Chair is responsible for maintaining an appropriate stock of AA literature (Big Books, 12+12s, and pamphlets), as well as sobriety chips. They are also responsible for making an announcement during the meeting to ensure newcomers can find them to purchase literature. This is a 6-month commitment with a suggested sobriety length of 6 months.

**Phone List Guy**: The Phone List Guy is responsible for maintaining an up-to-date list of contact information for all homegroup members, keeping printed copies of this list available at every meeting, as well as taking attendance at homegroup meetings to ensure inactive members are removed from the list. The Phone List Guy is also responsible for making an announcement during the meeting ensuring visitors and newcomers know that these phone lists are available. This is a 1-year commitment with no suggested sobriety length.

**PI/CPC Rep**: The PI/CPC Rep is responsible for attending the monthly SRI PI/CPC committee meeting, returning to the Homegroup with motions which require a homegroup vote, and carrying the homegroup's votes to these meetings. This is a 6-month commitment with a suggested sobriety length of 1 year.

**Rock Raker**: The Rock Raker is responsible for using the provided rake to ensure the rocks outside the church are returned to an orderly and appealing state at the end of each meeting. This is a 3-month commitment with no suggested sobriety length.

**Secretary**: The secretary is in charge of recording and keeping minutes for the homegroup meeting as well as making sure a newly-elected secretary is given access to the homegroup's history of meeting minutes. The secretary distributes the previous month's minutes to all homegroup members prior to the business meeting, as well as presents the minutes to the group at each meeting. This is a 1-year commitment with a suggested sobriety length of 1 year.

**Set-Up Guy**: The Set-Up Guy is responsible for ensuring the chairs are out and orderly by the time the meeting starts, as well as ensuring the lights are in the proper configuration (northernmost lights on, southernmost lights in the coffee area on, middle lights bridging the two rooms off). This is a 3-month commitment with no suggested sobriety length.

**Sign Guy**: The SignGuy is responsible for ensuring the 7850 Knuckleheads meeting sign is at the opening to the driveway 30 minutes before the meeting starts, and returning this sign to storage after the meeting concludes. This is a 6-month commitment with no suggested sobriety length.

**Social Chair**: The Social Chair is responsible for coordinating the 7850 Knucklesheads annual retreat and annual barbecue under the guidance of the Out-Going Social Chair. This is a 1-year commitment with a suggested sobriety length of 1 year.

**Sponsor Guy**: The Sponsor Guy is responsible for announcing, as part of the meeting script, what a sponsor is and the importance of sponsorship. In addition, the Sponsor Guy is responsible for answering questions for newcomers, during the break and after the meeting, regarding sponsorship, and referring them to available sponsors This is a 6- month commitment with a suggested sobriety length of 6 months. It is additionally suggested that the Sponsor Guy is thoroughly familiar with a large portion of other homegroup members to make their referrals effective

**SRI Rep**: The SRI Rep is responsible for attending the monthly SRI meeting, returning to the Homegroup with motions which require a homegroup vote, and carrying the homegroup's votes to these meetings. This is a 2-year commitment with a suggested sobriety length of 1 year.

**Tear Down Guy**: The Tear Down Guy is responsible for ensuring the church is returned to an acceptable state, per church leadership's guidelines, after the meeting has concluded, primarily that chairs

and tables have been returned to appropriate positions. This is a 3-month commitment with no suggested sobriety length.

**Ticket Guy**: The Ticket Guy is responsible for distributing tickets at the door to meeting attendees, as well as calling these tickets for shares as the meeting chair instructs. This is a 6-month commitment with no suggested sobriety length.

**Treasurer**: The Treasurer is responsible for keeping an accurate account of the homegroup's finances. They will collect the 7th Tradition money each week. They shall also maintain the 7850 Knuckleheads bank account as well as a venmo account that can be used for digital collection purposes. The treasurer shall also be responsible for coordinating with any positions that require homegroup funds to fulfill commitments (i.e Literature Chair, Coffee Chair, Audio Chair, etc.). The Treasurer shall also be responsible for dispersing contributions to other levels of service within Alcoholics Anonymous, and paying rent to the church, both of which are to be done on a quarterly basis. This is a 2-year commitment with a suggested sobriety length of 5 years.

**Vogue Recovery H&I Chairs**: The Vogue Recovery Chairs are responsible for ensuring 7850 Knuckles H7I commitment, a weekly meeting at Vogue Recovery on Thursdays at 6:30pm. This position is to be held by two homegroup members, who are to coordinate amongst themselves to make sure this is done every week. This is a 6-month commitment with no suggested sobriety length.

**Welcome Guy**: The Welcome Guy is responsible for arriving at the meeting 30 minutes prior to start and remaining outside the door until the meeting starts to greet all attendees. This is a 3-month commitment with no suggested sobriety length.

# **Appendices**

## i. - Meeting Script

Good evening and welcome to the Sunday night 7850 Knuckleheads Men's Stag meeting of Alcoholics Anonymous. My name is......and I am an alcoholic. Will you please help me open this meeting with a moment of silence followed by the Serenity Prayer.

Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

I have asked......to read "How it Works" from the Big Book of Alcoholics Anonymous.

I have asked......to read "The Twelve Traditions" from the Big Book of Alcoholics Anonymous.

We will now observe the 7th Tradition which states in part that every AA group ought to be fully self-supporting through its own contributions. We need money for rent, coffee, chips and literature. Please

donate generously but give only what you can. Newcomers need not contribute.

(Take note of readers, newcomers, and speaker for the end of the meeting.)

As a reminder, please keep it brief. Are there any AA-related announcements? (cigarette guy, H&I guy, literature guy, Grapevine guy, group chat guy)

This is a closed meeting of Alcoholics Anonymous; we welcome all men with a desire to stop drinking.

Are there any newcomers with less than 30 days of sobriety? If so, would you please tell us your name so that we may become better acquainted with you after the meeting. We ask that you hold your applause until after all the newcomers have finished sharing their names. (Clap, clap, clap).

We believe sponsorship is a vital part of a recovery. I have asked.....to tell us what a sponsor is.

Are there any out-of-town visitors? If so, would you please give us your name and tell us where you are from?

Is there anyone else visiting this meeting for the first time who has not already identified themselves?

We give out chips to celebrate various lengths of sobriety and tonight I have asked......to give out chips.

Would everyone who stayed sober today please raise your hand. Everyone with a year or more of continuous sobriety please keep your hand up to show that the program works.

7850 Knuckleheads is a homegroup and all are welcome. We are always looking for new homegroup members. Anyone interested in becoming a homegroup member, please see a current member after the meeting. Would all homegroup members please raise their hand?

As a reminder, please turn off all cell phones to limit distractions during the meeting. I have asked......to share for 15-20 minutes on what he was like, what happened, and what he is like now. After the speaker, we will have a PROMPT 5-minute break followed by participation on the topic chosen by the speaker.

Will you please help me welcome.....(Speaker).

#### --5 MINUTE BREAK—

This is a ticket meeting. If your ticket is called, we ask that you give us your name and sobriety date. In consideration of others, please limit your comments to 3 minutes. If you have surpassed the time limit, I will ring the bell to signal you to wrap it up.

#### --THE TICKET GUY PULLS TICKETS-

9:05—The floor is now open to anyone having a crisis or struggling within your sobriety. If there is a long period of silence the Ticket Guy will pull another ticket.

I would like to thankfor speaking tonight.
Welcome to the visitorsand especially the newcomers
Would anyone willing to be a sponsor please raise your hand. If you need a sponsor, please ask one of these people, or see our sponsor guy after the meeting. If you are looking for a sponsor, please raise your hand.
We appreciate your help in cleaning up, per the church's request do not drag the chairs. If you'd like to help you can simply stack them.
As a reminder, this is a closed meeting and what has been shared here tonight is to remain confidential.
We will close the meeting with the Lord's Prayer.
ii Business Meeting Script
1. Ring bell, moment of silence followed by the serenity prayer.
2. Ask about new members, Phone list guy can make his announcement and pass around clipboard for people to sign in.
3. Secretary Report (must be accepted and seconded)
a. "All in favor?"
b. "Any opposed?"
4. Treasury Report (must be accepted and seconded)
a. "All in favor?"
b. "Any opposed?"
5. Call on GSR, SRI, H&I, PIPC; These reports do not need to be accepted.

8. Begin position vote by them telling the term length and sobriety requirement.

6. "Are there any other positions that need to report?"

7. Announce the open positions for the month.

a. Name the person who holds the position currently and ask them to describe the job. (We also

a. Ask if any positions need a strike or no longer have someone filling the position.

have someone who holds the description of each position, right now it's Aaron so call on him if necessary)

b. Tell the person who currently holds the position they did a great job so people can clap.

9. Ask who is willing to run for the position and say each persons name out loud while secretary writes down the name of each candidate.

- 10. For someone to qualify ask for their
  - a. Name
  - b. Sobriety Date
  - c. Whether or not they currently have a position at Knuckleheads
  - d. Why they would be great at the position(not necessarily why they need it the most)
- 11. Call on each candidate to qualify. After they are all done, ask the group if they have any questions for the candidates. When there are no more questions ask them to step outside.
- 12. Ask group if there is any discussion about the candidates.
- 13. Vote  $\rightarrow$  winner must have 50% + 1. See the procedure in the binder if no one has majority on first vote.
- 14. Once the winner is determined. Call them back in and announce the winner.
- 15. Old business If there is none, simply say so. Otherwise bring it up for discussion and recap(Or ask the person who brought up the business in the first place.)
- 16. New Business Allow for discussion, new motions to be made and seconded.
  - a. Tips
    - i. Don't forget minority opinion → procedures in binder.
    - ii. Call on people to share when hands are raised.
    - iii. Once a motion is made and seconded, it must be discussed.
- 17. After someone makes a motion to close and its seconded.
  - a. "All in favor?"
  - b. "Any Opposed?"
- 18. Close with the responsibility pledge.

## iii. - Social Chair Guidelines

#### 1st Event: Knuckleheads Annual BBQ

#### General Info:

- Last Saturday in Oct (Best Weather)
- All are welcome
- Be sure dates don't conflict with Rocky Point Roundup
- 2-6pm (committees show up at 1pm to prep)
- Have flyer printed by Sep 1st, begin announcing event
- Have committees in stone and shopping list by Oct 1st
- Brief committee meetings 5 min after knucks, 10-15 min max

## Chair Responsibilities:

- Hosts committee meetings
- Assigns, delegates, and coordinates subcommittees
- Makes main announcement every meeting
- Planning and reservations
- Announces event at other meetings
- Shows up at 1pm early to event

## Subcommittee Responsibilities:

- Outreach Committee:
  - Design and print flyers
  - o Post event on website and social media
  - Bring signs day of
  - Outreach announcements at other meetings

- o Email, text, and chat reminder 24 hours before BBQ
- Shopping Committee:
  - o Food 1: entrees, sides, buns, chips, snacks
  - o Food 2: tins, utensils, plates, napkins, condiments
  - o Bev 1: water, cold brew, soda, seltzer, energy drinks
  - o Bev 2: coolers, ice, cups
- Cooking Committee
  - Grill 1 & 2: cooking, cook wares and cooking utensils
  - o Prep 1 & 2: prepping, serving, restocking, store runs
- Entertainment Committee
  - o Recreation: Kan Jam, bags, volleyball, football
  - o Leisure: board games, cards
- Cleanup Committee
  - o 2-4 guys clean up at 5:30pm

## 2nd Event: Knuckleheads Annual Retreat

#### General Info:

- May 17-19 (Check in 3:00pm Friday, Check out 11:30am Sunday)
- Chapel Rock; The Arizona Church Conference Center

## Chair Responsibilities:

- Request reservation agreement from Chapel Rock by Dec 1st
- Talk with treasurer about \$1000 facility deposit

- Request liability insurance from SRI by Dec 15th
- Sign and send agreement, deposit, and insurance by Jan 1st
- Announce insurance and agreement acquisition to home group
- Talk with treasurer about registration process by Jan 15th
- Start committee & make weekly announcements by Feb 1st
- Hold committee meetings directly after main meeting for 10-15 min
- Flyers printed by Feb 15th
- Acquire half pay to ensure scholarships by Mar 1st
- Let facility manager know rough forecast by Mar 15th
- Tshirt, hat, and/or memento by Mar 15th
- Final numbers and pay 90% of forecast by May 1st
- Show up 1 hour early to facility to do check ins
- Light supervision and reminders throughout retreat
- Thank the retreat committee at following homegroup

#### Subcommittees Responsibilities:

- Outreach Committee:
  - Makes knucks retreat announcements
  - Makes retreat announcement at other meetings
  - Designs, prints, and gives out flyers
  - Speaker seeker
  - Social media (kk), email, text, chat, website reminders
  - 10 people on outreach really pushing the retreat at other meetings
- Rideshare Committee:

- o Coordinator facilitates rides
- o Points of contact for rides

## Food/Shopping

- Makes shopping list, shops, brings food to retreat
- o Water, cold brew, soda, seltzer, energy drinks
- o Coffee maker, coolers
- Restocking, store runs

# Entertainment

- o Recreation: Kan Jam, bags, basketball, football, ping pong, other events
- o Leisure: Board games, cards, socializing events, firepit
- o Poker tournament
- o T-Shirt: design and prints retreat shirts
- o Mementos: Soaps, keychains, mugs, etc.

#### Newcomer Liaison

- o Seeks to include nervous newcomers
- Sits with isolating newcomers during meals
- Acts as a greeter to newcomers at meetings

#### Archivist

- o Brings merch box
- Updates and recites Knuckleheads history
- Creates lanyards and name tags

# Setup

Chair and treasurer show up at 1hr early

- o To talk to facility manager, start check ins
- o Food and coffee guys need to show up at 3pm to set up
- Cleanup
  - o Starts cleaning 1hr early and leaves last

# Meeting Format:

- Friday 8:00pm, 3 homegroup members (0-5 year, 5-10 year, 10+ year, 15 min each)
- Sat 7:00am: 15-20 min guided meditation
- Sat 9:00am: Morning meeting, loose format
- Sat 1:00pm: 15min speaker, topic, and break-out groups
- Sat 8:00pm: Main speaker (non-homegroup member)
- Sun 7:00am (Optional): 15-20 min guided meditation
- Sun 9:00am: 15min speaker, speaker chooses topic, open share